**SUPPORT**

- **Job Service of North Dakota** 701-795-3700 1501 28th Avenue South
- **Vocational Rehabilitation** 701-795-3100 151 S 8th St 904
- **Mountainbrooke Recovery Center** 701-746-4350
- **Northlands Rescue Mission** 701-772-6600 420 Division Avenue
- **Northlands Recovery Mission** 701-772-6600 420 Division Avenue
- **Options Resource Center for Independent Living** 318 3rd Street NW East Grand Forks, MN 218-773-6100
- **Toll Free** 800-726-3692
- **System Advocacy**
- **Protection and Advocacy Project** 701-795-3800 311 South 4th Street Suite 112
- **Social Security Administration** 1-888-617-0456 402 DeMers Avenue
- **CFC Community Based Outpatient Clinic of the Fargo VA** 3221 32nd Ave South, Suite 700 701-335-4300 Services and support for eligible Veterans
- **Lutheran Social Services of North Dakota** 701-772-7577 412 DeMers Avenue Grand Forks, ND Serves newly arrived refugees/asylees within their first 5 years in the US, Immigrant services for a nominal fee
- **The Arc, Upper Valley** 2500 DeMers Avenue Services for people with intellectual and developmental disabilities
- **Community Options** 701-772-1715 2500 Library
- **EDUCATION**
  - **Adult Learning Center** 701-795-2773 500 Stanford Road Refresher classes, GED instruction and testing, assistance in studying for Driver’s License Exam, English Language Learner
  - **LaGrave Learning Center** 701-795-6300 824 4th Ave S
  - **Kawagger Learning Center** 701-775-2873 1802 Continental Drive Both centers have computer labs that are open to the public. They have some fees and some for pay learning resources.
  - **Grand Forks Public Schools** 701-215-2603 Assistance for children experiencing homelessness

**Need Assistance?**

**Housing and Shelter**

- **Civic (Community Violence Intervention Center)** 211 South 4th Street 701-746-0405
- **24-hour Crisis Line** 701-746-8900
- **Northlands Rescue Mission** 701-772-6600 420 Division Avenue
- **Shelter with a Bed for Men and Women** 701-772-6600 420 Division Avenue
- **Prairie Harvest Mental Health** 701-795-9143 930 North 3rd Street Permanent housing, residential and employment support for adults with serious mental illness By referral from Northeast Human Service Center ONLY
- **Red River Valley Community Action** 701-746-5431 1013 North 4th Street
- **Shelter for homeless women and children** 701-746-5331 Permanent Supportive Housing
- **St. Joseph’s Transitional Housing** 701-795-8164
- **Valley Memorial Assisted Living** 701-787-7563
- **Care and Share** 220 E 3rd St, Crookston, MN
- **Valley Community Health Centers** 212 S 4th Street, Suite 301 Grand Forks, ND 701-757-2100 321 Tonner Avenue, Larimore, ND 701-343-6418
- **VA HUD/VASH Housing** 701-200-1928 3221 32nd Ave South, Suite 700 Housing for eligible Veterans who are homeless
- **Supportive Services For Veteran Families** 701-746-5431 1013 North 4th Street Housing/supportive services for eligible Veterans & their families who are homeless
- **Development Homes, Inc** 701-335-4000 3880 South Columbia Road Residential and employment services for adults and children with developmental and intellectual disabilities By referral from Northeast Human Service Center
- **Northwestern Mental Health Services for Homeless** 701-335-4300 MN Counties Only – EGF & Crookston 701-281-3940

**Health**

- **Altru Hero Program** 1300 South Columbia Road
- **Grand Forks County Social Services** 151 South 4th Street Suite 201 701-787-8500
- **Grand Forks Public Health Department** 151 South 4th Street Suite 301 701-787-8100
- **North Dakota Association for the Disabled** 701-775-7577
- **Toll Free** 1-800-532-6323 2600 South Columbia Road Medication, medical equipment, medical travel, personal care attendants, Dial-A-Ride assistance, advocacy & referral
- **St. Joseph’s Social Care’s and Thrift Store** 620 S 4th Street Prescription assistance, medical related travel
- **The Salvation Army** 1600 University Avenue 701-775-2597
- **Third Street Clinic** 701-757-4407
- **Inspire Pharmacy** 360 Division Avenue #100 M-F 8am-6pm-Access to prescription assistance for low income residents of the Greater Grand Forks area
- **Valley Community Health Centers** 212 S 4th Street Suite 301 Grand Forks, ND 701-757-2100 321 Tonner Avenue, Larimore, ND 701-343-6418
- **Valley Community Health Center Dental Clinic** 212 South 4th Street Suite 101 Dental care on a sliding fee scale
- **Valley Health** 701-775-4251 360 Division Avenue, Suite 200 Confidential reproductive health services for men and women regardless of income or age
- **Women’s Way** 1-800-449-6636 Breast and cervical cancer screenings for eligible women
- **GF Community Based Outpatient Clinic of the Fargo VA** 3221 32nd Ave South 701-335-4300 Healthcare services for eligible Veteran’s
- **GF Withdrawal Management Center** 207 S 4th St

**CANA**

CANA Community Networking Association

August 2018

CANA is a group of individuals and agencies whose mission is “to advocate for ending homelessness through community awareness, outreach, prevention and civic engagement” in the Greater Grand Forks: East Grand Forks area.

**Please note some agencies only serve ND residents**

In the event you can’t find the service you are looking for on this flyer please call 211-1 for referral and crisis management services. Calls are answered 24 hours a day, 7 days a week.
SERVICES

CHILDREN
Community Violence Intervention Center 701-746-0405
211 South 4th Street
Individual and group counseling for youth and teens,
safe visitation and exchange services.

Grand Forks Head Start 701-746-2433
3600 6th Ave N Grand Forks, ND 58203
Serves children ages 3-5

EGF Head Start Family Service Center 701-773-8452
1825 Central Avenue NW EFG, MN 1-888-773-8466
Head Start and Child Care

MSU Early Head Start-Grand Forks 701-777-8153
920 Northwestern Drive Grand Forks
Early childhood education services for expectant families
and children 0-3 years of age

Grand Forks County Social Service Center 701-787-5850
151 4th Street Suite 201

Lutheran Social Services of North Dakota 701-772-7577
DIVERT—provides free, supportive services for youth & families
Tracking, treatment, in-home services.
Day Report, Adoption & pregnancy counseling.

Polic County Social Services 701-773-2431
1424 Central Avenue NW East Grand Forks, MN

Women's and Children's WIC 701-775-3667
360 Division Avenue, Suite 200 Grand Forks

Polic County Health and WIC 701-773-2431
1424 Central Ave NE, EFG, MN

Child Care Aware 1-888-291-9811
Assistance for MN & ND families looking for childcare

The Village Family Service Center 701-746-4584
1720 South Washington Street Suite 33A
Financial resource center, intensive in-home family therapy, Family Group Decision Making

Healthy Families 701-746-2064
412 DeMers Avenue
Free voluntary support to ease transition to adulthood

CLOTHING & TRANSPORTATION

Home Plate Thrift Store 701-785-9704
1811 South Washington
Monday-Friday 9 am—7 pm
Saturday 9 am—6 pm Sunday 12pm—5 pm
Call Prairie Harvest at 795-0143 re vouchers

Salvation Army Smart Shop 701-775-7258
3401 South 51st Street (Brandt's C'Mon Inn)
Monday-Saturday 10 am—6 pm
Vouchers for clothing, furniture and household items
may be obtained at 1600 University Avenue 9am—2pm,
Bus tickets and gas vouchers for medical or funeral related
travel only.

St. Joseph's Social Care and Thrift Store 701-795-8614
620 8th Avenue South
M, T, F 10am-5pm, W 10am-8pm, Sa 10am-5pm
Vouchers for clothing, furniture and household items.
Assistance with medical or funeral related travel only.
Call for appointment.

The Arc, Upper Valley 701-772-6191
2500 DeMers Avenue
Vouchers for people with intellectual & developmental disabilities

TREATMENT AND RECOVERY

Medication Assisted Treatment
Valley Community Health Centers 701-757-2100
212 S 4th Street, Suite 301
MAT Appointments Tues & Wed mornings

Ideal Option 701-522-1275
300 60th Avenue, Suite 102
Meet-Then, same next day appointments available

Counseling
Agassiz Associates 701-746-6336
2424 32nd Ave S, Suite 202 Grand Forks, ND

Drake Counseling 701-757-3200
311 4th Street S, Suite 106 Grand Forks, ND

Northeast Human Service Center 701-795-3000
151 S 4th Street, Suite 401

Peer Support
Face it TOGETHER 701-566-5631
501 N Columbia Road

Freedom Church—Celebrate Recovery 701-772-3117
308 Demers Ave

HOPE Church—Celebrate Recovery 701-722-1884
1661 17th Ave S

Narcotics Anonymous 701-212-0525
Living in Recovery
University Lutheran Church
2112 University Ave
We Do Recover
Anita's Building (upstairs)
401 N 7th St

EMERGENCY

Red River Valley Community Action 701-746-5431
1013 North 5th Street
Emergency services for low income individuals or families,
Veterinarian Services, Rent deposits, Energy Share, emergency shelter for homeless women and children

The Salvation Army
1600 University Avenue
Monday-Friday 9 am—3 pm
Rent evictions, utility disconnections, travel and medical assistance, rent deposits, food pantry and daily baked food items,
Vouchers for clothing and household items

Tri-Valley Opportunity Council 800-201-3475
Toll Free
1424 Central Ave NE
East Grand Forks, Minnesota

Counselling and Crisis

Community Violence Intervention Center 701-746-0405
24-hour Crisis Line 701-746-8900
211 South 4th Street

Northeast Human Service Center (NEHSC) 701-795-3000
24-hour Crisis Line 701-775-0525
151 South 4th Street Suite 401
*Mental health and substance use care for ND residents only*
Open access mental health M, T, W, Th 8:15-10:30, T 8:15-9:30
Open access for substance use M, T, Th 8:15-10:30

The Village Family Service Center 701-456-4584
1720 South Washington Street Suite 55A
Northern Mental Health Center (218) 773-6102
24-hour Crisis Line (1-800-282-5005)
1424 Central Ave NE #142 East Grand Forks, MN
Homeless, children, crisis & adult support programming/services (Kittson, Marshall, KFL, Polk, Norman and
Mahnomen Counties

Grand Forks County Based Outpatient Clinic of Fargo VA 3221 32nd Ave S, Ste 700
210-335-4380
Services for eligible Veteran’s

Valley Community Health Centers 701-757-2100
212 S 4th Street Suite 301

FOOD

Northland Rescue Mission 701-777-6600
Please contact kitchen manager for details.
Food Baskets—call ahead

The Salvation Army
1600 University Avenue
Monday-Friday 9—11:30 am and 1-2:30 pm

St. Joseph's Social Care and Thrift Store 701-795-8614
620 8th Avenue South
Rent evictions, utility disconnections, vouchers for clothing and household items

Tri-Valley Opportunity Council 800-201-3475
Toll Free
1424 Central Ave NE
East Grand Forks, Minnesota

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

Grande Forks County Social Services 701-787-8500
151 South 4th Street Suite 201

Folk County Social Services 701-773-2431
1424 Central Avenue
East Grand Forks, Minnesota

Hot Meals
Northlands Rescue Mission 701-772-6609
420 Division Avenue
Meals served daily at 7 am, 12 noon, 5 pm

FREE SUMMER LUNCH FOR YOUTH
St. Joseph's Social Care and Thrift Store 701-795-8614
During June & July. Call for dates and locations.