



NDAD

helping others to help themselves

Winter 2022

Insider

NDAD'S MISSION:
Enhance the quality of lives
of individuals facing health challenges.

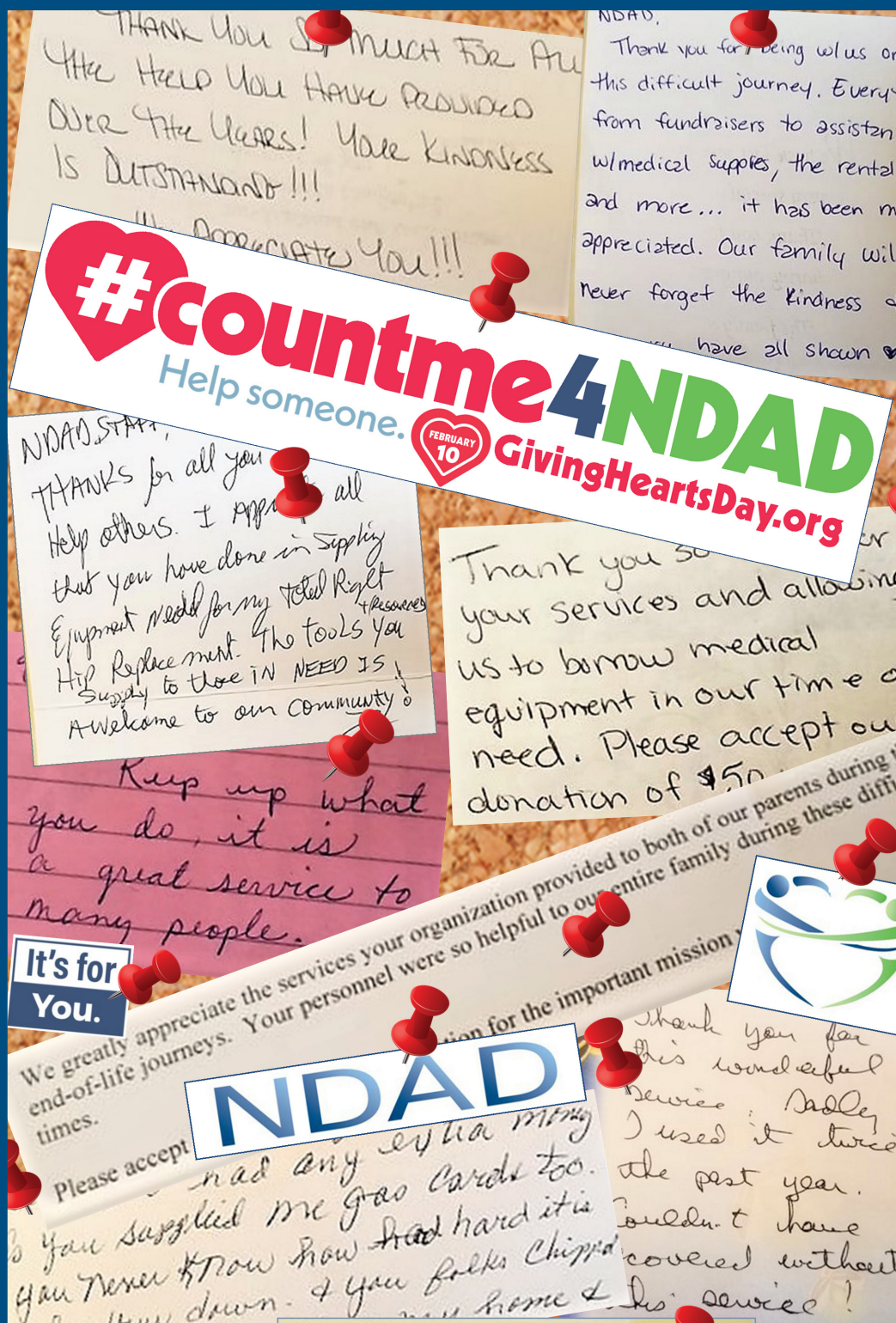
To give is divine

Feb. 10 is 2022's
Giving Hearts Day

*Be part of nonprofit
NDAD's charitable
mission to help fill key
needs of our region's
children and adults
with health challenges
and disabilities*

Thank yous, donations
and other heartfelt
expressions of
appreciation are surefire day-
brighteners at NDAD. They
help confirm the impact NDAD
has had on people's lives and
also reaffirm our longtime
charitable journey.

The feedback is especially
gratifying on Giving Hearts
Day, since your donations
to NDAD become 100%
reinvestments right back into
further client assistance. This
virtuous circle of giving is truly
a beautiful thing. You help to
make it so.





Brian Dankert

NDAD prescription assist is huge for Fargo man

“I would definitely recommend NDAD, yep,” Brian Dankert said, without hesitation.

A 49-year-old Fargoan, formerly of Hawley, Minn., Brian became an NDAD client only last spring and has had no regrets - except, perhaps, that he didn't know about NDAD's prescription medications program sooner.

“I was just very, very grateful,” the quick-service restaurant manager said. “Without the help of them, I wouldn't have been able to afford my much-needed medications.”

Brian needs multiple medications, including insulin, the diabetes drug that has experienced soaring costs.

Traumatic diagnosis

Brian discovered he had diabetes in traumatic fashion: a five-day hospital stay, preceded by a collapse at a Hawley softball tournament and air ambulance flight to Fargo.

Without medical insurance, Dankert said, he went without needed insulin until 2016. Since then, he's dealt with several physical challenges directly or indirectly connected to diabetes, including neuropathy, degenerative disc disease and cholesterol

imbalance. Complications several years ago from a foot ulcer and treatment for it nearly resulted in amputation, he said.

And even after getting on Medicare, Brian's prescription costs continued to soar, at times as high as \$2,000 a month. In early 2021, a Sanford doctor mentioned NDAD as a possible route for help paying for medications.

'We can help you'

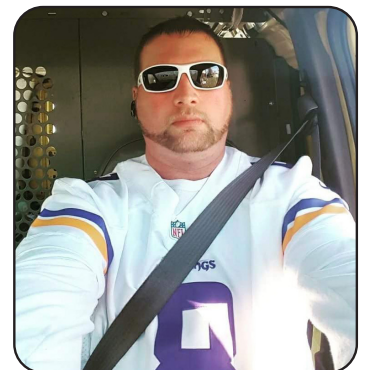
Dankert called NDAD's Fargo office, then met with NDAD's client services representative, Kim Zeeb. “She took down some notes and said she would get back with me. About a week later, she called and said, ‘We can help you.’”

His reaction? “Dropped down on my knees,” said Dankert, a 6'6" all-conference baseball and football player in high school days. “I didn't know how it was going to go because I had tried so many other options,” he recalled. “I was ready for the worst.”

Far from it, Brian said. NDAD has helped improve his outlook. ■

“(Surprised) just how easy it was (to apply for NDAD assistance). All I did was give them my information and what I needed. That was it. There was no runaround. There was no extra paperwork. there was nothing to it. It was an easy process ... especially for healthcare.”

Brian



Count Them 4 NDAD

“I am so grateful for NDAD and all the services they provide. I have received a lot of help from them over the years.”

Amanda Galarza
Grafton
NDAD Insider Summer 2021

“I feel very lucky [NDAD] did pick me up because I really didn't know what I was going to do. Believe me, being sick isn't cheap....I appreciate you guys.”

Lance Gunsch
Bismarck
NDAD Insider Summer 2020

“[NDAD] was a big help, because there's no way I could have gotten help from anyone else.”

Joan Schiele
Grand Forks
NDAD Insider Spring 2021

“They were lifesavers as far as I'm concerned. If it weren't for NDAD, I and probably a lot of other people would be in a lot worse shape.”

Kenneth McGath
Devils Lake
NDAD Insider Summer 2020

“I'm so thankful for NDAD. I don't know if I could continue with so many other expenses.... Without the insulin, that would have been horrible.”

Sandra Norgard
Grand Forks
NDAD Insider Summer 2020

“Now that we've found NDAD, we've gotten a little more help, and it's been a lot better.”

Bailey Gianakos
Fargo
NDAD Insider Spring 2020

“You guys are amazing!”

Mary Mathers
Williston
NDAD Insider Spring 2021



Giving Hearts Day

Help someone.

**100% of Giving Hearts Day 2022
donations to NDAD
will fund client assistance for:**

- Vital prescription medications & supplies
- Out-of-town medical travel expenses
- Home & vehicle accessibility
- Personal attendant care
- In-town accessible transportation
- Adaptive recreation activities
- Short- and long-term home medical equipment assistance

NDAD guidelines restrict the use of funds.
Please contact us for more information.

Here's how **you** can help

- Visit GivingHeartsDay.org and donate to NDAD online on Thursday, Feb. 10.
- OR... Visit GivingHeartsDay.org anytime now through Tues., Feb. 8, and schedule your donation. Be sure the “Schedule this Gift” box is checked in your cart review to ensure it's processed on Giving Hearts Day.
- OR... mail or deliver your donation to NDAD by Feb. 10. Make your check payable to NDAD, date the check Feb. 10, 2022, and write “Giving Hearts Day” on the memo line.

Thanks again from NDAD
and our clients for your

Giving Heart!



NDAD

helping others to help themselves

North Dakota Association for the Disabled, Inc.
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NDAD is a nonprofit, charitable organization founded by concerned citizens to assist mentally and physically disadvantaged people in North Dakota, many of whom are not eligible for services from other agencies. NDAD provides financial assistance through funds generated by both the organization and community projects. NDAD also provides information and referral services to help people receive assistance through other agencies, when possible.

*It's **AMAZING** what people can do when
there's **help**.*

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