



helping others to help themselves

Winter 2023

Insider

NDAD'S MISSION:

Enhance the quality of lives
of individuals facing health challenges.

When giving is receiving

Feb. 9 is 2023's Giving Hearts Day

Children and adults with health concerns and disabilities throughout North Dakota and adjacent border communities will benefit from 100% of your gift to NDAD on Feb. 9 at givingheartsday.org. You'll help fund our nonprofit's charitable client assistance with:

- **Vital prescription medications & supplies**
- **In-town accessible transportation**
- **Home & vehicle accessibility**
- **Personal attendant care**
- **Adaptive recreation activities and events**
- **Out-of-town medical travel expenses**
- **Short- and long-term home medical equipment assistance, including NDAD's free Healthcare Equipment Loan Program (HELP).**

Help us fill genuine need in our communities with your generosity.



INSIDE: Giving Hearts Day 2023 ambassadors | How to be a Giving Heart
NDAD's latest Gibbens Memorial Grant recipients

Seairra & Elliesia Lindsey-Hansen

Surrey family grateful for NDAD medical travel assists

Charitable NDAD helped Surrey, N.D.'s Chelsi and Martin Saldaña get several of their children to a total of five out-of-town medical appointments during 2022. They "absolutely" appreciate it, Chelsi says: "We're very grateful for the opportunity for the help. It was surprising. It was very nice."

They only wish they'd known about NDAD much sooner. Nine years of medical travel on the kids' behalf, Chelsi said, already had been "all on our own expense." The Saldañas learned about NDAD through another client who'd used the charity's aid for her own child's long-distance medical appointments.

The travel load on the Saldañas has not lightened. Almost all of the doctors treating 10-year-old daughters Seairra and her 8-year-old sister Elliesia are located in Fargo, Bismarck or South Dakota.

Seairra's ulcerative colitis was diagnosed when she was 5, and she also has had five surgeries for hearing loss. Elliesia has been examined and treated for chronic fatigue, plus dyslexia and a skin condition.

They have three other children: Noah, 4, Anastazyia, 2, and son Jiraiya Saldaña, who was born this past October with some breathing and heart complications. It's entirely possible that the family will apply again for NDAD help on behalf of their baby.

At least the Saldañas know who to turn to for help - and endorse to others. "I would definitely recommend (NDAD) because we have so many other things on our minds right now," Chelsi said. "The last thing we want to be worrying about is how we're going to get there."

On the cover: Chelsi, with daughters Elliesia and Seairra



Chelsi (left) with son Jiraiya



Martin Saldaña, holding Jiraiya, with (from left) Noah, Elliesia, Seairra and Anastazyia



Hayden (left) and Kinley, pushed by grandma Pamela

Kinley, Hayden & Pamela McKeel

NDAD assists Minot children, grandmother

Tiffany McKeel says she probably wouldn't be able to get 10-year-old Kinley and 1-year-old Hayden to essential out-of-town medical appointments were it not for NDAD's charitable gas cards and lodging assistance.

That help getting to and from Fargo allowed Kinley to continue receiving treatment for chronic abdominal pain and headaches, and Hayden for his right eye's optic nerve anomaly.

"I think NDAD is awesome," Tiffany said. "It's really helped us a lot. They've helped my family on multiple occasions."

Tiffany and her family also can communicate more easily now with mother-in-law Pamela McKeel, thanks to access to assistive technology provided by NDAD. "When I got the letter (confirming NDAD's help)," Pamela recalled, "I called everyone I knew, I was so excited."

DID YOU KNOW?

From 2019 through 2021, NDAD:

- Filled more than **6,000 client prescriptions**
- Paid for nearly **11,000 accessible rides**
- Funded about **7,500 out-of-town medical trips**
- Purchased about **700 pieces of medical equipment and supplies**
- Loaned more than **11,200 pieces of home medical equipment**, saving our region's residents about **\$1.21 million in purchases**
- Provided nearly **370 wheelchair-accessible van loans** to 190 people



Mike Delohery, Grand Forks

A 10-foot portable ramp loaned at no cost by NDAD allowed Mike to return home from the hospital following revision surgery to repair a hip replacement crack:

"Life savers! I cannot thank NDAD enough for their generosity and caring.... We deeply appreciate what you do!"

Andrea Hansen, Minot

NDAD's assistance for prescriptions and medical travel to Mayo Clinic proved quite helpful to Andrea, whose has cardiomyopathy, diabetes and asthma:

"Working with everyone at (NDAD) has been great. Communication. The paperwork. If you have questions about something, they answer."



Charlene Seifert, Bismarck

NDAD's Healthcare Equipment Loan Program helped get Charlene, a nurse, through recovery from April foot surgery and an October hip replacement:

"Ohh, my goodness! Totally helpful in every way you could ever imagine."

And at no cost.... I couldn't have had a better experience."

Here's how you can help

Visit GivingHeartsDay.org and donate to NDAD online on Thursday, Feb. 9.

OR... visit GivingHeartsDay.org anytime now through Tuesday, Feb. 7, and schedule your donation. Check the "Schedule this Gift" box in your cart review to ensure it's processed on Giving Hearts Day.

OR... mail or deliver your donation to NDAD by Feb. 9. Make your check payable to NDAD, date the check Feb. 9, 2023, and write "Giving Hearts Day" on the memo line.

Your giving heart is deeply appreciated!

More 2022 Gibbens grants awarded

Three projects serving at-risk populations are each \$5,000 recipients of NDAD second-round 2022 Gibbens Memorial Grants.

NDAD awards at least one grant annually to an agency or organization for use in a health, welfare, social service, or educational purpose. The new grant awards went to:

• **F5 Project**, for Refresh Stories – Faces of Recovery. F5 will produce transformation videos as a storytelling vehicle aiming to spread awareness, educate and create change by sharing recovery journeys of people challenged with behavioral health issues, those who are justice involved, or both. F5 Project is a Fargo-based criminal justice reform nonprofit that provides services and resources throughout North Dakota for individuals struggling with incarceration, mental health and addiction to re-enter society and create meaningful change in their lives.

• **The United Way of Grand Forks, East Grand Forks & Area**, for the Larimore Emergency Food Pantry, operated since August by The United Way. The grant is being used toward purchasing food-safe shelving, refrigerators and freezers to meet food safety distribution guidelines; allow distribution of meat, dairy, produce and other fresh food; and improve local accessibility to distribution for people with food insecurities.

• **Northlands Rescue Mission**, for weekend food backpacks for more than 1,000 elementary Grand Forks School District children who qualify for free and reduced lunch would be the focus of Northlands Rescue Mission's grant money. The goal is to help offset economic hardships that, beginning with the worst of the pandemic, have increased dependence on food services for many families.

The grant is named for NDAD's late co-founders and organization leaders, Faye and Ron Gibbens. Congrats to the recipients; thanks to all organizations and agencies that applied.

Be sure to subscribe to our digital newsletter at [NDAD.org](https://ndad.org)



and follow our charity on social media



Our charitable programs help with:

Prescription Medications | Local Accessible Transit | Out-of-town Medical Travel
Medical Equipment and Supplies | Adaptive Recreation
Home and Vehicle Accessibility | Personal Attendant Care ... *and more!*

GRAND FORKS

Main Office

grandforks@ndad.org

(701) 775-5577

2660 S. Columbia Rd, Grand Forks, ND 58201

FARGO

fargo@ndad.org

(701) 281-8215

21 University Drive N.

Fargo, ND 58102

MINOT

minot@ndad.org

(701) 838-8414

1808 20th Ave. S.E.

Minot, ND 58701

BISMARCK

bismarck@ndad.org

(701) 751-0739

1012 S. 12th St.

Suite A

Bismarck, ND 58504

WILLISTON

williston@ndad.org

(701) 774-0741

1500 14th St. W.

Suite 295

(20/20 Professional.
Center)

Williston, ND 58801

NDAD was founded more than 47 years ago by concerned citizens for the purpose of assisting people in North Dakota with disabilities and health issues, many of whom were ineligible for services from other agencies. NDAD's reach also includes border communities in surrounding states.

If you would like to donate to NDAD's mission, please visit our [website](https://ndad.org) or contact an NDAD office near you.

*It's **AMAZING** what people can do when there's **help**.*

**It's for
You.**

NDAD INSIDER - Winter 2023 - January 2

Mike Brue, communications director & editor, (701) 795-6605

mbrue@ndad.org