

helping others to help themselves

Fall 2021

Enhance the quality of lives of individuals facing health challenges.

And Bismarck makes five

NDAD's newest office brings client services closer to southwest & south-central North Dakota

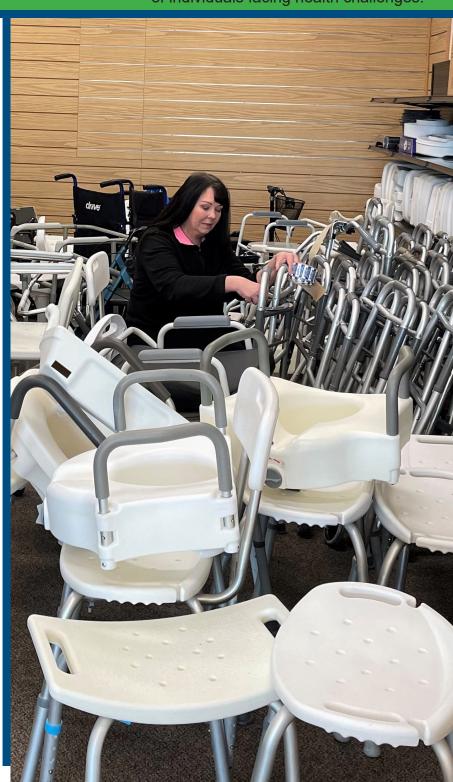
ismarck this fall has joined Grand Forks, Minot, Fargo and Williston as locations for NDAD's client services offices.

It's NDAD's first office addition since opening the Fargo office and puts a client services representative based in Bismarck for the first time since 2006.

That new NDAD representative is Joan Bickel (right, organizing equipment at the Bismarck office).

NDAD has long provided charitable services to all of North Dakota, but its new office brings our most popular program much closer to people with disabilities and health challenges in people in the Bismarck-Mandan region. NDAD's Healthcare Equipment Loan Program (HELP) provides free loans of durable home medical equipment for up to 90 days.

More about NDAD'S expanded Bismarck presence on Page 2.



COVER SPOTLIGHT ON NDAD'S NEW BISMARCK OFFICE

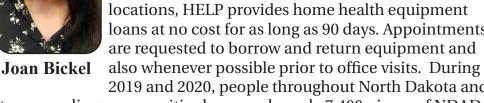


Bismarck-Mandan region's access to NDAD's HELP improves

DAD's new Bismarck office at 1012 S. 12th St. is a place to learn about our charity's seven types of direct financial assistance and get information about our other services.

There's little doubt, though, which client services program will create the most office traffic for Bismarck Client Services Representative Joan Bickel. HELP is short for NDAD's Healthcare Equipment Loan Program, which requires no qualifying application, no income limits and no rental fee.

As it does at NDAD's four other N.D. office loans at no cost for as long as 90 days. Appointments 2019 and 2020, people throughout North Dakota and



it surrounding communities borrowed nearly 7,400 pieces of NDAD equipment for a total savings that approached \$790,000. Annual totals are expected to climb significantly, given about 100,000 people live in Bismarck and neighboring Mandan.

NDAD gratefully gained additional home health equipment from Easter Seals of N.D., which donated all of its own loan equipment stock this fall.

NDAD's seven types of direct financial assistance:

- 1) Prescription medication; 2) Home and vehicle accessibility;
 - 3) Local accessible transportation fees:
- 4) Out-of-town medical travel; 5) Personal attendant care:
- 6) Adaptive recreational activities; and 7) Medical equipment and supplies NDAD guidelines restrict the use of these funds.

Contact information for NDAD's Bismarck office is available on Page 4

NDAD will be participating in 2022's Giving Hearts Day campaign

Feb. 10, 2022, a Thursday, is the next Giving Hearts Day (GHD) for our region's charities and nonprofits, including NDAD. Our "Count Me 4 NDAD" theme is returning for this fundraising campaign, the only one NDAD holds annually.

made by check and mailed or delivered to an NDAD office in order to count and be eligible for a match. Checks to NDAD should have "Giving Hearts Day" on the memo line and "Feb. 10, 2022" as the check date. More GHD donation

of our Winter 2022 issue.

Roy Olson

Inhalers purchased by NDAD help Grand Forks man deal with COPD

oy Olson's medicine and treatment for his chronic obstructive pulmonary disease is hardly inexpensive.

The Grand Forks resident's

Applying [for assistance] wasn't hard. There was nothing to it. It was simple... [NDAD] has helped me a lot over a period of years. It's been wonderful. I don't know what I'd do without its help."

prescription rescue inhalers can cost as much as \$500 a month, in addition to several other medications he uses.

Because he's on Social Security disability and only able to work sporadically,

especially during the pandemic, Roy's budget became particularly stressed.

Roy

When he needed help during the spring



of 2020, shortly after the pandemic began, he contacted NDAD; the organization had provided prescription assistance to him years earlier.

"I was worried since some time ago that they wouldn't be able to help me," Roy recalled. Still, he quickly applied for assistance and soon learned from NDAD Client Services Representative Lora

Machart that he was approved. NDAD had provided two inhalers a month for him for more than a year until a recent prescription change to one a month. Olson is no less grateful - and not just for himself.

Roy's girlfriend received great assistance through NDAD's Healthcare Equipment Loan Program (HELP) after an Achilles tendon injury occurred during a bone spur surgery, NDAD loans of a walker, wheelchair and cane helped her cope with the injury and recovery.

2nd round of NDAD Gibbens Memorial Grants awarded

Three more 2021 Gibbens Memorial Grants of up to \$5,000 each have been awarded in a second grant round by NDAD for North Dakota–based programs intended to benefit atrisk populations.

The recipients:

- House of Everyday Learning, Fargo, for expanding its free developmental screening program and pediatric specialized therapy services. It will use a mobile unit with a sensory/motor gym to serve children and families in rural communities in the Tower City area.
- North Dakota Friends of Deaf Children Foundation, for developing a lending library of in-home assistive safety

- technology at the state School for the Deaf/ Resource Center for the Deaf & Hard of Hearing in Devils Lake.
- Fraser Ltd's Day Service Program, Fargo, to obtain an advanced, maneuverable sensory cart to help address visual, auditory, tactile and olfaction needs of its non-residential, community-based participants with autism and dementia.

NDAD awarded three Gibbens grants in the first round earlier this year, to Connect Medical Clinic and The Arc Creations Program, both in Dickinson; and to UND Northern Prairie Community Clinic, Grand Forks. The grant is named for NDAD's late co-founders and officers, Faye and Ron Gibbens.





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NDAD is a nonprofit, charitable organization founded by concerned citizens to assist mentally and physically disadvantaged people in North Dakota, many of whom are not eligible for services from other agencies. NDAD provides financial assistance through funds generated by both the organization and community projects. NDAD also provides information and referral services to help people receive assistance through other agencies. when possible.

It's AMAZING what people can do when there's help.

NDAD INSIDER - FALL 2021 - NOVEMBER 23 Mike Brue, communications director & editor, (701) 795-6605